



CONTINUITY & RESILIENCE

## 1 Day BCI Designing and Delivering Effective Exercises Course

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### Course description:

Developed by the UK-based Business Continuity Institute ([www.thebci.org](http://www.thebci.org)), this course is based on the fact that 'a BCM Plan cannot be considered effective unless it has been rehearsed appropriately'.

Designing and delivering effective exercises is a skill to be mastered for any continuity and resilience professional. A key part of the Validation stage of the Business Continuity Management Lifecycle, exercising the BCM Programme for some is the most interesting part of the job. It helps us to practice what to do when things go wrong, and builds confidence and a capability that means the organization can more effectively respond, recover, take opportunities, and learn from a disruption. Exercises are the best way to test our systems, rehearse our plans, and a chance to safely prepare our people. This course provides the continuity and resilience professional with the knowledge of how to design and develop exercises that work. This course is based on the good practice guidelines and reflects the current global thinking from BS EN ISO 22301:2014 and BS ISO 22398:2013.

Delivery methodology includes powerpoint slides based discussions, exercises. The course is delivered by experienced BCI approved instructors.

**This workshop entitles you to 8 CPE credits.**

### Learning Objectives:

After completing this workshop, participants will be able to:

- Select appropriate exercise aims, objectives and formats.
- Develop realistic and engaging scenarios
- Understand how to resource and coordinate delivery
- Carry out post exercise evaluations and report lessons learned.

### Who should attend:

- Business Continuity and Resilience Professionals who are responsible for exercising
- Professionals in related disciplines who need to learn how to effectively exercise plans
- It is recommended that students have a minimum of a CBCI or equivalent credential with experience of working in an organization in a continuity and resilience related role

For further information please email us at [info@continuityandresilience.com](mailto:info@continuityandresilience.com)

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Creating Corporate Sustainability*

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